Serving Those Who Served

The Official Newsletter of the Kentucky Department of Veterans Affairs



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Greetings teammates,

September was an outstanding month for the Team KDVA/Kentucky! For starters, KDVA won its fifth straight VA Abraham Lincoln Pillar of Excellence Award, the KDVA Women Veterans Program was recognized for efforts by the Women Veteran Memorial and two of our great veterans centers were recognized as US Newsweek "America's Best Nursing Homes 2026". Furthermore, two of state veterans cemeteries received \$2.025M in VA expansion grants. As for outreach events, we were every in the Commonwealth -- four regional Edler Care Expos, our monthly Virtual Job Fair,



a Lethal Means Safety Summit in Louisville and hosting the annual Ft. Knox's 9-11 Memorial ceremony at our Radcliff veterans cemetery. Just to name a few.

We've got more for you to look forward to for October! On October 11th, we will have our fifth annual Homeless Veterans Program 5K Run/Walk at the E.P. Tom Sawyer State Park (Louisville), a Women Veteran virtual event and our monthly KDVA virtual job fair. See the flyers for both great events below. Furthermore, Bowling Green Veterans Center will be nearing on its substantial complete date in late October/early November, opening the next phase of the project.

As we close out the month of September and approach the holiday season, I'd like to remind our veterans and military families to not isolate themselves. September may have been National Suicide Prevention Awareness Month, but we should stay aware of the signs all year. Be sure to reach out to loved ones and friends and know that we're a large community here in Kentucky and here for you.

Very respectfully,

Whitney P. Allen, Jr.

Commissioner Whitney P. Allen, Jr. Kentucky Department of Veteran Affairs

Latest VA News

VA awards \$84M in grants to fight Veteran homelessness

The Department of Veterans Affairs announced \$84 million in grants to 176 organizations across the country to help Veterans who are homeless or at risk of becoming homeless.

\$42 million in grants will cover legal services and another \$42 million in grants will go toward case management services to improve housing retention by Veterans who are at risk of becoming homeless or who were previously homeless and are transitioning to permanent housing.

Legal services grants will be distributed through VA's Legal Services for <u>Homeless</u>

<u>Veterans and Veterans At-Risk for Homelessness Grants program</u> and provide Veterans with:

- Assistance with landlord-tenant disputes to prevent eviction.
- Help with court proceedings for child support, custody, or estate planning.
- Help with obtaining benefits like state and federal compensation.
- Defending Veterans in criminal cases, such as outstanding warrants, fines, and driver's license revocation.

View the list of legal services grant awardees.

Case management grants will be distributed through VA's <u>Grant and Per Diem</u> program and will fund approximately 100 case manager positions that provide essential services, such as:

- Assistance with housing search and placement.
- Home visits to monitor housing stability and assess the need for services and other support.
- Assistance with access to educational activities that support personal empowerment and independence.

View the list of case management grant awardees.

"No one who served our nation in uniform should go without shelter," **said VA Secretary Doug Collins**. "These grants will provide crucial support and services to help thousands of Veterans on their journey back to self-sufficiency."

If you are a Veteran who is experiencing homelessness or at risk of homelessness, call the National Call Center for Homeless Veterans at 877-4AID-VET (877-424-3838). Visit the <u>VA Homeless Programs</u> website to learn about housing initiatives and other programs for Veterans exiting homelessness.

Upcoming Events

KYNECT-A-VET 100 Veterans What is KYNECT-A-VET? Eligible to Receive If you are a Kentucky veteran aged 60 or older OR a veteran of any age with a traumatic brain injury as defined by KRS a Samsung 211.470, you may qualify to receive a Samsung mobile device Mobile Device that is preloaded with the "Here Now Help" app to increase veteran access to resources and supports. This pilot program is a partnership with the KY Department of Veteran Affairs and the Cabinet for Health and Family Services, Department for Aging and Independent Living. How do I apply? Kentucky agencies serving veterans may complete an application to nominate a veteran who meets the eligibility criteria. How can I obtain an application? The application is located on the KDVA website at: An announcement will be sent to agencies serving veterans. All completed applications will be sent to a secured KDVA email box. What is the deadline to submit an application? 0 Applications can be submitted starting nov through midnight EST Applications must be fully completed and submitted by the due date to be considered. Selected nominees will be notified no later than July 31, 2025. Here Now Help App Increase Veteran Access to Who do I contact for more information? Email millie.stevens@ky.gov Local, State & Federal Resources & Supports Connectivity to Mental & Physical Health Services, Crisis KENTUCKY DEPARTMENT CABINET FOR HEALTH

Click here to access the the application form.

OF VETERANS AFFAIRS

Complete the form, save it, and attach it to an email to be sent to kynectavet@ky.gov

AND FAMILY SERVICES

Intervention

Resources, & Much More!

Register now!

JOB SEEKERS

Kentucky Department of Veterans Affairs presents

Virtual Job Fair

Employer Cost: Zero | Job Candidate Cost: Zero

SAVE THE DATE Wednesday, October 15 10:00 AM - 1:00 PM EST



10-11 AM Only Veterans + Military Families

11 AM - 1 PM All Job Candidates

*Including Veterans and Military Families

The future 2025 schedule is below (3rd Wednesday of each month):

November 19, 2025
December - No Event
January 21, 2026
February 18, 2026

Brought to you by





We're excited to announce the next Commonwealth of Kentucky's Virtual Job Fair, presented by the Kentucky Department of Veterans Affairs, and we'd love for you to be a part of it!

Register Now!

Employers register here: https://pvapi.premiervirtual.com/s/xv43b8
Job Seekers register here: https://pvapi.premiervirtual.com/s/wz43Od

Event Details: Virtual Job Fair Date: Wednesday, October 15, 2025 Time: 10:00 AM – 1:00 PM EST Employer & Job Seeker Cost: Zero

Schedule:

- 10:00 AM 11:00 AM: Veterans & Military Families
- 11:00 AM 1:00 PM: Open to All Job Candidates

This event is completely free for both employers and job candidates / seekers, providing an excellent opportunity to connect and explore career opportunities. Looking ahead, our job fair will take place on the third Wednesday of each month in 2025.

Here's a preview of the upcoming dates:

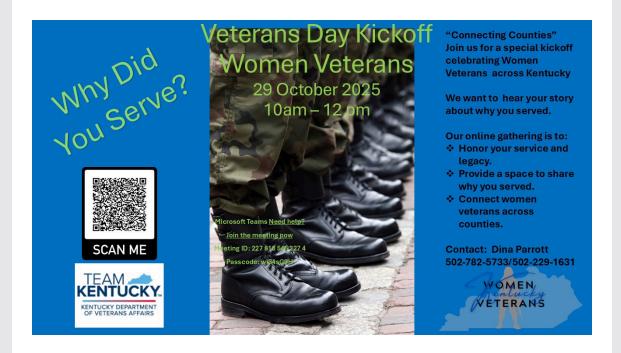
- November 19, 2025
- December 2025 no virtual job fair
- January 21, 2026
- February 18, 2026
- March 18, 2026
- April 15, 2026
- May 20, 2026

Make sure to mark your calendars, and feel free to share this with anyone who might benefit from attending. We look forward to seeing you there!



Register using the QR Code or clicking this link: https://runsignup.com/Race/KY/Louisville/KDVARunWalkandStroll5K

Virtual Veterans Day Kickoff Women Veterans Oct. 29, 2025



Link to join this virtual event is here.

HOW FAMILIES CAN CREATE CONVERSATION AND CONNECTION AROUND SUICIDE LOSSES



A one-hour session led by a parent and teenager who have experienced suicide loss.

<u>When:</u> Wednesday, October 22 from 6:00PM-7:00PM EST Where: Virtually via Zoom

This 1 hour session is for parents and caregivers of children and teens who have experienced the suicide loss of an important person. There is no charge to attend. Sponsored by The Kentucky Center for Grieving Children and Families (859–813–2759, www.kcgcf.org)



What's New at KDVA?

HELP



Use the QR Code to get the app. Use this access code: 219378 HereNow Help has been developed to assist veterans in self care, peer care and clinical care. The application will provide veterans with ease of access to services and resources. The free app is available now on the Google Playstore and Apple Store.





KDVA Earns Fifth Straight VA Abraham Lincoln Pillars of Excellence Award











The KDVA team and Commonwealth of Kentucky received its fifth consecutive award for customer service during the 2025 National Association of State Directors of Veteran Affairs (NASDVA) Annual training Conference in Chyenne, WY. KDVA received the award for its regional benefits claim clinics initiative. The claim clinics are KDVA latest outreach event initiative which allow KDVA Benefits Division's Veteran Benefits Field Representatives (VBFRs) and federal/state partners to go out and meet veterans and families and bring VA services to their local area. The "Pillar Award" is a Department of Veterans Affairs program that recognizes state and territory programs for their outstanding support and service to veterans and their families. KDVA has received at least one award every year since 2021. In addition to the award ceremony, the KDVA delegates participated in several activities to include: Commissioner Allen participated as panelist in a Department of Defense SkillsBridge/Veteran Employment Panel, Women Veteran Program Coordinator received "Most Improved" award from Women Veteran Memorial (WVM) for efforts to register women veterans into WVM historical registrar, and Executive Director Mark Bowman, and past NASVH president, participated in a signing of Memorandum of Agreement ceremony between NASDVA and National Association of State Veterans Homes.

Patriot Day Ceremony



For the 24th anniversary of the September 11th attacks, a Patriot Day ceremony was held at the 9/11 Memorial at the Kentucky Veterans Cemetery Central, in Radcliff, KY, September 11, 2025.

Lethal Means Safety Summit









KDVA held a Lethal Means Safety Summit at The Parklands in Louisville, KY, Sept. 24, 2025. The event focused on suicide prevention, methods to aid in prevention and clinician-only classes driven to improve care for veterans across the Commonwealth.

Veterans Affairs State Veterans Cemetery Expansion Grant Award Notifications KDVA State Cemeteries Awarded Two Grants Totaling \$2.025 Millon Dollars

On Tuesday, September 16, 2025, The Department of VA (VA) awarded Kentucky Department of Veterans Affairs two construction expansion grants for Kentucky Veterans Cemetery – West (Hopkinsville) - \$1,026,308.00 and Kentucky Veterans Cemetery – Central (Radcliff) \$999,300 to build additional columbarium vaults at each cemetery. The grants/new structures allow both cemeteries to meet increasing demand for interments of cremation remains. In addition, \$2 million dollars grants will boost local area businesses support the future expansion projects.





Kentucky Veterans Cemetery West, Missing in America Project











Kentucky Veterans Cemetery West interred nine veterans in coordination with the Missing In America Project (MIAP) on Sept. 24, 2025, Hopkinsville, KY.

"The purpose of the MIA Project is to locate, identify and inter the unclaimed cremated remains of American veterans through the joint efforts of private, state and federal organizations. To provide honor and respect to those who have served this country by securing a final resting place for these forgotten heroes." (Website mission statement)

For more information, visit their website here: https://www.miap.us/

Homeless Veterans Program







KDVA State Programs staff put together essentials kits in preparation for the Homeless Veterans Program attending the American Legion Post 113 Standdown which took place September 5, 2025 in Elizabethtown, KY.

Thomson Hood Veterans Center and Joseph Eddie Ballard Veterans Center Newsweek's Top 3 of 5

America's Best Nursing Homes 2026: 50-99 Beds America's Best Nursing Homes 2026: 100-149 Beds

America's Best Nursing Homes 2026 - 150+ B 🔾								Q Kentucky	
Rank	Facility	City	State ^	Facility Size	Certified Beds	Medicare/Medicaid Accepted	Continuing Care Retirement Community		Resident and Family Council
1	Thomson-Hood Veterans Center	Wilmor e	Kentuck y	Over 150 beds	285	Medicare and Medicaid	N		Resident
2	Laurel Heights	London	Kentuck y	Over 150 beds	160	Medicare and Medicaid	Υ		Resident
3	Joseph Eddie Ballard Western Kentucky Veterans Center	Hanson	Kentuck y	Over 150 beds	156	Medicare and Medicaid	N		Both
4	Signature Healthcare of Bowling Green	Bowlin g Green	Kentuck y	Over 150 beds	176	Medicare and Medicald	N		Resident
5	Signature Healthcare at Hillcrest	Owens boro	Kentuck y	Over 150 beds	156	Medicare and Medicaid	N		Resident

A major shoutout forThomson-Hood Veterans Center ranked as #1 and Joseph Eddie Ballard Veterans Center ranked #3 for Newsweek's America's Best Nursing Homes 2026 list of 150+ bed facilities!

Homeless Veterans Program Logo

Special recognition to the artist behind the Homeless Veterans Program logo:
Rachel Estes.





Women Veterans Bullit County Outreach

On **August 23, 2025**, women veterans came together in Bullitt County for a special **lunch and chat** hosted by KDVA Ambassador **Debi Baldwin**.

The gathering offered a warm space for connection, conversation, and camaraderie among women who have served.

A heartfelt thank you to Debi for hosting on behalf of the Kentucky Department of Veterans Affairs Women Veterans Program and for helping create meaningful moments of community.



National Veterans Memorial and Museum Initiative





SHARE YOUR STORY

The National Veterans Memorial and Museum (NVMM) partnered with StoryCorps' Military Voices Initiative to collect, preserve, and amplify the stories and experiences of our nation's Veterans.







All those touched by military service, including active-duty service members, Veterans, spouses, children, friends, and community members are invited to record a conversation about a Veteran's experience. At the end of the conversation, you will receive a digital copy of the interview, while a second copy will be preserved in the NVMM Story Collection and the American Folklife Center at the Library of Congress.

By adding to the NVMM Story Collection, you ensure the legacy of service lives on - not just in history books, but in the hearts and minds of future generations!







Follow the QR Code or go to nationalvmm.org/education/nvmm-story-collection/ for more tips and to record your conversation

Turn this page over for a list of great questions to start your conversation.





Questions? Contact Mason Farr at mfarr@nationalvmm.org



Great Questions from the NVMM

Great Questions List

Choose a few questions from the list below or come up with your own. No need to feel like you have to ask every question!

Military Service

- When were you in the military? Which branch did you serve in?
- · What motivated you to join the military?
- How did your friends and family react when you told them your plans to serve?
- What was it like when you left home to begin your journey in the military?
- Tell me about basic training. Were you prepared for military life? What were you unprepared for?
- Where were you stationed during your time in service? What was your favorite or least favorite place to be?
- · What jobs did you have in the military?
- · Describe your daily life while in the service.
- If you served in combat and are comfortable sharing, what was that experience like? When and where were you in combat?
- How did you stay in touch with friends and family while in the service?
- Describe your transition from military to civilian life. Was it easy or difficult? Why?
- · What did you do after leaving the military?
- What lessons did your service teach you that you still carry with you?
- What does your service mean to you?

Military & Veteran Family Members

These questions are great when speaking to a family member about someone who served in the military.

- What do you see as our family's legacy? How does military service influence that legacy?
- In which branches of the military have our family members served?
- What was it like growing up with a family member in the military?
- What lessons did you learn from the service of a family member?
- Can you tell me about when you became a military family member?
- How did your life change when your family member entered the service?
- Do you have advice for other military family members?
- Is there anything you wish service members and civilians understood about being the family member of a service member?
- Do you remember your favorite place you lived?
 What was special about it?
- · How did being a military child shape your life?
- Can you tell me about a person that you felt understood by as the child of a service member?

Questions? Contact Mason Farr at mfarr@nationalvmm.org

Farming Training Program focused on Veterans

CONNECT WITH US

Farming for Cash is being implemented in these locations

- I. Lexington, KY
- 2. Frankfort, KY
- 3. London KY and nearby
- 4. Guthrie and Russellville KY and nearby

If you live nearby and are ready to start farming or expand your current farm with new growing and selling techniques, please connect with us.



CONTACT US

Sid Dasgupta at Siddhartha.Dasgupta1@kysu.edu James Howard at James. Howard@kysu.edu

You can also reach out to Michael Lewis at NCAT (mikel@NCAT.org) and Wayne Riley of the Laurel County African American Heritage Center at KYhistoryman@yahoo.com





A training program for beginning and prospective farmers!

Focus on military veterans and small scale farms



WHAT WILL YOU LEARN?

· DO YOU KNOW THE EARNING CAPACITY OF SMALL SCALE

FARMING

Using 1,000 square foot as our reference, the plot will produce: Head lettuce 420 heads/crop, retail value \$840, wholesale \$315 Tomatoes 1,000 lb/season, retail value \$2,000, wholesale \$1,000 Cucumbers 2,000lb/season, retail value \$2,000, wholesale \$1,000

• HOW WILL "FARMING FOR CASH" TRAIN YOU?

Two types of trainings: workshops and apprenticeships WORKSHOPS TOPICS

Finding land and money to start your first farm

Deciding what to grow, how much land to farm, how to sell, etc.

Income and costs predictions for farming

Understanding direct and wholesale sales and regs (GAP and FSMA) Selling to grocery stores, selling via social media, Paypal Licensing and insuring a farm

Farm business planning, book keeping, and farm tax preparation APPRENTICESHIP TOPICS

"ARMED TO FARM" training for military veterans through our partner National Center for Appropriate Technology TRACTOR SCHOOL: learn safe use and maintenance of tractors and implements in soil prep, hay making, planting, cultivation, etc. TOMATO SCHOOL: learn advanced organic tomato production, tomato management from Michael O'Gorman HYDROPONICS SCHOOL: learn hydroponic strawberry, tomato, and greens production in low-cost high tunnels SMALL-PLOT INTENSIVE FARMING SCHOOL: learn to grow an intensive garden using fertigation, plastic mulching, and labor-saving methods

CHECK OUT ARMED TO FARM: https://www.armedtofarm.org/

HOW WILL YOU LEARN?

BE TRAINED TO FARM IN 12 MONTHS



This is a 3 year project funded by the USDA You can enroll for free. You will learn to farm in 12 months You will receive support and assistance to farm after the 12 month training GOAL: start a farm after 12 months, start earning money, after 2 years expand your farm

APPRENTICESHIP



Once enrolled, you will become a hands-on apprentice farmer where you will learn high tunnel and in-ground production.

You will also attend other farms to learn new farming methods, attend workshops, and travel to conferences all paid by the project.

STARTING YOUR FARM



After your 12-month training, we will help you start a small farm with the goal to earn money. We will help you with land access

We will connect you with other new farmers for mutual support We will connect you with farming mentors who

can answer your questions
We will connect you with USDA resources for you to buy your own farm

TBI/PTSD: THE SIGNATURE INVISIBLE BRAIN WOUNDS FROM VIETNAM, IRAQ AND AFGHANISTAN:

Have you been Exposed to 70,000+ IEDs, Breaching, Large Weapons or Explosions?









TBI/PTSD Veterans can finally be treated with something different than off-label prescription medications!

Could this be you?

2-YEAR STATE FUNDED FREE HBOT TREATMENT PROGRAM FOR KENTUCKY TBI/PTSD VETERANS

Have you been knocked unconscious in combat, exposed to IEDs, explosions, or sexually assualted? Are you suffering from routine migraine headaches, sensitivity to light, having memory issues, trouble finishing sentences, difficulty expressing thoughts, self medicating? If so, you are only one of over an estimated 877,450 TBI/PTSD Veterans across America suffering from TBI/PTSD in the same manner.

- The HBOT introduction video is here: https://www.youtube.com/watch?
 v=oa3SVLqvdzQ&t=324s
- TBI is a physical wounding of the brain when the brain hits the inside of the skull.
 Over 21 Hyperbaric Oxygen Therapy (HBOT) evidence based clinical trials and with over 12,500 successful Veteran outcomes. The medical meta-analysis may be viewed here https://treatnow.org/dr-harch-systematic-review-improving-mtbi-persistent-post-concussion-syndrome.
- View TBI/PTSD Veteran video testimonials here https://www.youtube.com/@treatnowdotorg/videos.
- You may read all about the treatment process at https://treatnow.org/treatments/overview-hyperbaric-oxygen-therapy-hbot/.
- HBOT enacted laws in 10 states which may be viewed here: https://treatnow.org/knowledgebase/the-national-treatnow-summary-of-state-by-state-hyperbaric-oxygen-therapy-hbot-legislative-and-resolution-effort-10-23-2023/
- Five major VSOs support HBOT here https://treatnow.org/knowledgebase/veteran-service-organization-members-support-hbot-for-mtbi-ptsd/.
- The state of Kentucky and KDVA is in partnership with HBOT4KYVETS, Inc., and the KY medical community testing and treating TBI/PTSD Veterans.
 Veterans helping Veterans with financial support from the state to receive alternative medical treatment earned and deserved!
- Veterans may receive 40, 60, or 80 HBOT treatments, one (1) hour per day, 5 days per week, over

2–4 month period. If you're a Kentucky Veteran with diagnosis of TBI, you may qualify.

 The HBO₂ 1.5 ATA protocol for mTBI with post-concussive symptoms with or without PTSD was safe and could be used in multiple centers. The neurocognitive test scores for subjects improved in 21 of 25 measures. (National Brain Injury, Rescue, and Rehabilitation (NBIRR) Study: Jan-Mar 2019).

HBOT4KYVETS, Inc is a 501C3 non-profit which opened HBOT chambers to TBI/PTSD Kentucky Veterans for treatments in 2018 under KRS 217.930-942. If you are a Kentucky TBI/PTSD Veteran resident seeking a safe and effective treatment, **WE WANT TO SPEAK WITH YOU**. You may visit our website for more information at HBOT4KYVETS.com to review requirements and to sign up for the FREE state funded treatment program.

I Support Veterans License Plates



Who is eligible

Any owner of a noncommercial motor vehicle required to be registered for use on Kentucky Highways.

Steps Requirement

Application must be made at your local County Clerk's office. Upon receipt of this plate, your regular (special) issue license plate must be turned in or issued to another vehicle.

Decal Expires Customer's Birth Month

\$10.00 of the initial and \$5.00 of the renewal registration fee goes to the Kentucky Department of Veterans' Affairs. For more information, please visit http://veterans.ky.gov. This plate is available for personalization with an additional \$25.00 fee annually. Personalization is limited to a maximum of 5 characters.

Relevant KRS <u>186.162</u>

Military Women's Memorial "Tell Her Story"



The Military Women's Memorial (MWM) is the only major national memorial honoring all servicewomen – past, present and future. The MWM honors more than 3 million women who served and continue to serve in the U.S. Armed Forces since the American Revolution.

Women's military service should be no less recognized than men's but historically the focus of history and preservation has been on men.

Why it's Important to Register?

EVERY STORY is important, EVERY STORY deserves to be told. Yet we have lost most of our WWI women veterans and our WWII women are fast coming to their final chapter. What history we have not recorded with be lost with them. We absolutely CANNOT let another generation go by without ensuring that our collective contributions are captured and remembered.

Please REGISTER HERE: www.womensmemorial.org

There is no cost to register! You can register any woman you know who is in or has served in the military. Let's keep "HER-Story alive!

Useful VA Links

- VA Housing Assistance Page Information about home loans, eligibility, interest rates reductions and other related topics: https://www.va.gov/housing-assistance/
- **National Center for PTSD** Provides information and resources to veterans, care providers and organizations relating PTSD: https://www.ptsd.va.gov/
- Covid-19 Vaccine Updates Latest updates on Covid-19 guidance and vaccinations: https://www.va.gov/health-care/covid-19-vaccine/
- VA Life Insurance (VALife) https://www.benefits.va.gov/insurance/valife.asp
- **Veterans Readiness and Employment (VR&E)** job training, education, employment coaching, etc.: https://www.benefits.va.gov/vocrehab/index.asp

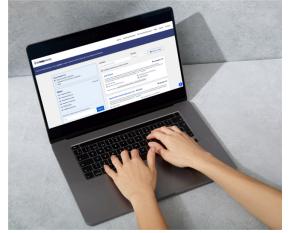
Upcoming Dates and Events

- Breast Cancer Awareness Month
- U.S. Navy Birthday (October 13)
- Columbus Day (October 13)
- Day of the Deployed (October 26)
- Navy Day (October 27)
- Halloween (October 31)

Resources for Veterans

At the Kentucky Department of Veterans Affairs, we are committed to supporting our veterans with the resources they need.

Discover a wealth of services and support options through <u>FindHelpNow.org</u> - your go-to resource for immediate assistance. Whether you're looking for mental health support, housing assistance, or employment resources, <u>FindHelpNow.org</u> has got you covered! Be



sure to look for the "Veterans/Military" population filters available. The website displays near real-time available openings at substance use disorder and mental health facilities, recovery houses, naloxone distribution sites, and social services resources. Visit FindHelpNow.org today to explore these enhanced resources and find the support you need! See YouTube video: https://www.youtube.com/watch? v=SWfaLHnz_kk



Be seen at home or on-the-go

Telehealth Urgent Care Service at the Robley Rex VA Medical Center

Care you can get with Telehealth:

- Influenza, Covid-19
- Prescription Management
- Urgent care issues like colds, coughs, and stomach aches
- · Back pain
- Urinary symptoms
- Dental Pain
- Sore throat
- Ear pain
- Arthritis
- Gout

Telehealth Advantages

- Can be seen anywhere if you have internet or access to a phone.
- · Time flexibility
- Avoid the ED waiting room
- · Friendly and professional staff



Be seen at home or on-the-go with Robley Rex VA Medical Center Telehealth Urgent Care Service. Available Monday thru Friday from 8AM - 6PM. Call (502) 287-4000 or (800) 376-8387. Select Option "#3", then Option "1" for primary care nurse.





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